

Training Header Sheet with Change Log Form

Kentucky

Writing – Grade 5

2022 Spring Op

WR05914256189
Should schools stop serving chocolate milk

Date	Comments	Version
05/2022	Training Set	Set A

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Prompt, Sources, Rubric

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Prompt

On-Demand Writing Directions: Carefully read the prompt below. Then read the provided texts. Enter your essay in the space provided.

Chocolate Milk

In your opinion, should schools stop serving chocolate milk? Why or why not? Write a well-organized essay stating your opinion. Support your opinion with evidence from the texts.

Sources

from "U.S. Schools' War Against Chocolate Milk"

by Gilbert Cruz

- 1 What could possibly be wrong with something that brings children such joy?
- 2 A lot, according to some nutrition experts and school districts that are removing the brown liquid from lunchrooms. One 8-oz. serving of reduced-fat chocolate milk has nearly as many calories and as much sugar as a 12-oz. can of Coke. Encouraging students to regularly consume the drink, they say, is contributing to an already worrying childhood obesity crisis.
- 3 . . . Public school districts in Berkeley, Calif., and Boulder, Colo. . . . have removed the drink from their list of daily offerings, opting for low-fat, organic white milk instead. That's a perfect way to force kids to shun milk completely, says the dairy industry.
- 4 "Flavored milk really fits two needs," says Ann Marie Krautheim, senior vice president of nutrition affairs for the National Dairy Council. "It meets kids' taste preferences, and it provides the nutrition that they don't get elsewhere."
- 5 Some nutrition experts reject such . . . simplification. "There's almost this threat, like 'If you don't drink chocolate milk, then your children will not get the nutrition they need!'" says Marlene Schwartz. . . .
- 6 Take Colorado's Boulder Valley School District, which removed chocolate milk from its lunchrooms this fall at the recommendation of Ann Cooper, the new director of nutrition services. That's about 30,000 students in 50 schools that are no longer stocking chocolate milk. Cooper is outspoken in her belief that school cafeterias need to be overhauled—fresh ingredients, more fruits and vegetables, less sugary snacks. "I'm all for parents having chocolate milk with their kids at home once in a while, or on Sunday morning with waffles, but it doesn't have any place in schools on a daily basis," she says. If a child chooses chocolate milk instead of regular milk every single day for a year, she says, they'll gain about 3 lbs. because of the extra sugar and calories. "Over the course of a K-12 education, that can add up," says Cooper.
- 7 As a National Dairy Council video on YouTube points out, "Chocolate milk is the most popular milk choice among children, and it only has 60 more calories than white milk does." Only 60 more calories? "That sort of thing drives me crazy," says Schwartz. "People don't become obese overnight. You have too much sugar here and too much sugar there, and it adds up and adds up and sooner or later just becomes the norm."

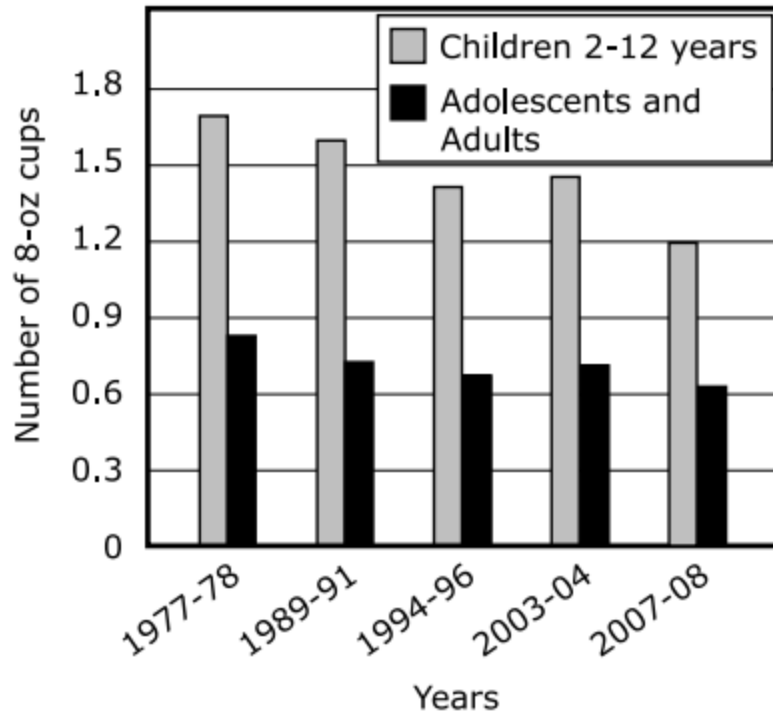
Cruz, G. (2009, December 18). U.S. schools' war against chocolate milk. *TIME*. Retrieved from <https://time.com>

Directions: Select each tab to read the passages and answer the following question.

from "A School Fight Over Chocolate Milk"

by Kim Severson

Daily U.S. Fluid Milk Consumption by Age Group



1 For those who haven't been in a school cafeteria lately, 71 percent of the milk served nationwide is flavored. In New York City, school food officials say fat-free chocolate milk fills nearly 60 percent of the 100 million cartons served each year. The rest is one-percent plain.

2 But chocolate milk can contain about twice as much sugar as plain low-fat milk. Milk is naturally sweet from lactose; flavored milk also contains cane sugar or high-fructose corn syrup, making it unwelcome in some cafeterias.

3 When students went back to school Monday in the District of Columbia, they were served only low-fat white milk. Berkeley, Calif., schools banned chocolate milk, and Florida school officials are considering it.

4 "There's been a lot of pressure on flavored milk recently," said Diane Pratt-Heavner of the School Nutrition Association.

5 Flavoring milk, some school officials and milk processors say, is the only way to get students to drink it. Milk provides a host of nutrients, including calcium, protein and vitamin D.

Severson, K. (2014, August 24). A school fight over chocolate milk. *The New York Times*. Retrieved from <https://www.nytimes.com>

From "A School Fight over Chocolate Milk" by Kim Severson, *The New York Times*, Aug. 24, 2010. © 2010 New York Times Company.

Rubric

KAS Opinion Rubric--5th Grade On-Demand Writing

Guiding Principle C1: Students will compose arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.

Note: In 5th grade, students compose opinion pieces, using writing and digital resources, on topics or texts, supporting the writer's perspective with reasons and information. (C.5.1) The shift to composing arguments begins in 6th grade.

Scoring Element	Score Point 1	Score Point 2	Score Point 3	Score Point 4
Clarity and Coherence	States an opinion that may lack focus or be unclear . Misses many or all demands of the prompt.	States a general opinion that addresses the prompt, but may have lapses in focus. Attempts to address some demands of the prompt.	Introduces and maintains a clear and coherent opinion. Addresses all demands of the prompt.	Introduces and maintains a clear, credible and coherent opinion. Thoroughly addresses all demands of the prompt.
Support	Includes minimal or no purposeful support of opinion with reasons. Provides incomplete, inaccurate and/or irrelevant explanation of reasons. Provides minimal or unrelated facts and details to support the reasons.	Attempts to support opinion with reasons. Provides vague and/or general explanation of reasons. Provides vague and/or general facts and details to support the reasons.	Supports opinion with logical reasons. Provides clear explanation of reasons. Provides facts and details that clearly support the reasons.	Thoroughly supports opinion with logical reasons. Provides carefully selected explanation of reasons to strengthen the opinion . Provides reasons that are thoughtfully linked to facts and details to support the opinion.
Sourcing	Uses one or none of the provided sources or ineffectively uses a minimum of two provided sources to support the opinion. Cites little or no evidence. Little or no use of quoting, summarizing and/or paraphrasing of facts and details.	Uses a minimum of two provided sources to attempt to support the opinion. Inconsistently cites evidence. Attempts to quote, summarize and/or paraphrase facts and details.	Accurately and effectively uses a minimum of two provided sources to support the opinion. Effectively cites evidence by quoting, summarizing and/or paraphrasing facts and details.	Accurately and skillfully uses a minimum of two provided sources to support the opinion. Consistently and thoroughly cites evidence by quoting, summarizing and/or paraphrasing facts and details.
Organization	Creates minimal or no overall structure. Ineffectively organizes an opinion with reasons that are supported by facts and details. Makes minimal or no attempt to use transitions to connect the opinion, reasons and evidence. Provides a weak conclusion section or lacks a conclusion section to support the opinion.	Attempts to create a structure for the opinion. Organizes introduction of the topic and states an opinion with reasons that are supported by facts and details, but contains some lapses that disrupt the cohesion or are inappropriate . Attempts to use transitions to connect the opinion, reasons and evidence, but they are simple and infrequent . Provides a conclusion section in an attempt to support the opinion.	Creates and maintains a clear structure to develop the opinion. Logically organizes introduction of the topic and states an opinion with reasons that are logically ordered and supported by facts and details. Uses effective transitions to connect the opinion, reasons and evidence. Provides a logical conclusion section to support the opinion.	Creates and maintains a sophisticated structure to develop the opinion. Skillfully organizes introduction of the topic and states an opinion with reasons that are logically ordered and supported by facts and details. Consistently uses a variety of transitions to create a strong connection between the opinion, reasons and evidence. Provides a thorough conclusion to support the opinion.
Language / Conventions	Lacks or uses an inappropriate formal tone or voice. Lacks the development of task appropriate writing. Uses simple or inappropriate word choice. Makes significant errors in the conventions of Standard English grammar, usage, spelling, capitalization and punctuation which interfere with understanding the writing.	Uses a weak formal tone or voice and/or has lapses in appropriate tone or voice. Attempts to develop task appropriate writing. Attempts appropriate word choice. Makes frequent errors in the conventions of Standard English grammar, usage, spelling, capitalization and punctuation which may interfere with understanding the writing.	Establishes and maintains an appropriate formal tone or voice. Establishes and maintains task appropriate writing. Effectively uses appropriate word choice. Effectively uses the conventions of Standard English grammar, usage, spelling, capitalization and punctuation with minor errors that do not interfere with understanding the writing.	Consistently establishes and maintains a sophisticated formal tone or voice. Consistently establishes and maintains sophisticated , task appropriate writing. Consistently uses effective and varied word choice. Skillfully uses the conventions of Standard English grammar, usage, spelling, capitalization and punctuation with few , minor errors that do not interfere with understanding the writing.

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my opinion is i think they need to maybe have it on a holiday or maybe on a friday if they earn it or maybe it can be a reward on a friday just because it hase 60 more calories dose not maen take are milk if im being anist i bont drink a lot of chocolate milk i think that maybe they can have it in th morning or at lunch.

my opinion about chocolate milk is that you don't keep the drink in the schools because kids love it and they serve it in only some schools. it is unhealthy to the kids some can't have it because they are not able to have it and adults do not want there kids to be not healthy. kids also get to atracked to chocolate milk. the milk is unhealthy for people to have cause kids and adults get adicktcd to it so it is unhealthy some schools should only sewre it twice a week so kids can stay healthy.

I think that chocolate milk is bad for us kids . Because it has to many calories and it has as much as sugar as a can of coke we need to drank white milk instead Valley school District does not use chocolate milk anymore you should drank it at least one time but at school they are suppost to feedb you healthy things but know they are feeding us things that has lot of calories kids can gain 3 lbs and it can add up people say that it has 60 more calories that the white milk sugar can add up and add up but thats why I think schools should not have chocolate milk.

Why i think school's should not have chocolate milk is beause it has to much calories to it. Another one is that it's not heathy for kids that drink it at school beause school's have them for breakfist, and lunch. I also think that school's have to stop serveing them beause school is all about being healthy and lerning. School's need to realy stop severing chocolate milk. In the story it said "There's almost this threat, like 'if you don't drink chocolate milk, then your children will not get the nutrition they need."

GULP! thats the sound of me drinking chocolate milk do you like chocolate milk? I know i do,other people think chocolate milk shouldnt be in schools,but i do. Thats why im here. To tell you three reasons why i think chocolate milk should be in schools. Reason one its delicious,reason two it provides protien and vitamin D,and reason three because kids like it

The reasons why i think chocolate milk is delicious is, its sweet. Its filling and refrashing.

I think chocolate milk provides protien and vitimin D because the passage says"Milk provides a host of nutrients, including calcium protien and vitamin D. "We need the nutrience to keep us helthy.

The third reason is kids like it. And if kids like it they get the neutrience they need to do there work and stay active. Because the kids like it,they will always drink it with there lunch.

I think schools should keep giving their students chocolate milk , because chocolate milk is actually good for students and if a student can't drink low-fat white milk then they can drink chocolate milk .Eventho it has more calories students like it because of the flavored and I think that the students should pick by themself not the district picking for them.The most important thing about school serving chocolate milk or other flavored type of milk is that students get a choice like adults get to choice when they go to the store and buy any time of milk that they want , and alot of kids dont like normal milk and there parents might not let them drink flavored at home but when they are in school they get to drink any type of milk that they want .If it was my choice to pick between normal milk or chocolate milk i'll pick chocolate milk because it can have more nutrients than normal milk , and both milk's have vitamin D which is good fro kids and adults.

Same schools use chocolate milk as a way to make students drink milk , and schools do this because students dont like normal milk and rather drink chocolate milk over normal milk. And this is'nt an issue because if kids like it you can't take it away just because adults think is bad for students to drink it in school. A thing that adults think is gong to affect kids it that if we drink chocolate milk everyday when we come to school we are gaining 3lbs for year , but if we gaining 3lbs a year we can still lose all of those calories in just same weeks or months. If they say "a year' that means it is'nt going to affect us alot because a year has alot of days in it.

My opinion is schools should stop serving chocolate milk I have three reasons why and i can back it up with evidence from the text.

One reason schools shouldnt serve chocolate milk is cause the sugars and calories it contains almost as much as a 12 oz can of coke. The text says "One 8 oz serving of reduce-fat chocolate milk has nearly as many calories and as much sugar as a 12oz can of Coke."

My second reason is it has 60 more calories as the original white milk the text states " Chocolate milk is the most popular milk choice among children, and it only has 60 more calories than white milk does." and that prove that it has more calories then white milk. My last reason is the weight you can gain from chocolate milk you can gain atleast 3lbs from it the text says "They'll gain about 3lbs.Because of the extra sugar and calories. "Over the course of K-12 education, that can add up."

That is my opinion on should schools stop serving chocolate milk in schools.My reasons were cause the calories and sugars from the chocolate milk and the weight.

I think schools should stop serving chocolate milk. Think about it, 8-oz. serving of reduced-fat chocolate milk has nearly as many calories and as much sugar as a 12-oz. can of Coke. That's ridiculous to think about. It's just like there giving us a Coke for lunch. Also they try to encourage students to consume the milk. Another thing is that flavored milk contains cane sugar or high-fructose corn syrup, making the milk unwelcome or unsafe to some school cafeterias. Even if chocolate milk has nutrients, including calcium, protein and vitamin D, it's still bad for you. There's also another way to get the nutrients. It doesn't have to be chocolate milk that gives you nutrients, it could very well be in regular milk. If a child chooses chocolate milk instead of regular milk every day for a year, Ann Cooper says, they'll gain 3 lbs. because of the extra sugar and calories. "Over the course of a K-12 education, that can add up," says Cooper. Over all there's a lot of pros and cons to chocolate milk, but I must say, there is way more cons than pros. All these reasons lead me to think chocolate milk should not be served at school cafeterias.

Dear Schools,

What is so wrong with chocolate milk that you don't like? Thank you for letting us state our opinion on if you should stop serving chocolate milk. It's a terrible idea to stop serving chocolate milk. Even though chocolate milk has more sugar and calories than white milk, it makes kids happy. Consequently, if you stop serving chocolate milk then kids will stop being as happy as they are now.

Chocolate milk might has almost the amount of sugar a can of Coke, but that doesn't mean its bad for you! Chocolate milk has the nutrition that children need, and if children don't get the nutrition they need then they won't be as healthy. Also, chocolate milk meets most kids taste preferences, so that means that it usually taste good for kids. So, chocolate milk is not all bad for children.

Chocolate milk may have some calories too, but children need calories to fuel themselves for the day. The calories in the chocolate milk help kids stay awake during the day. For example, a couple day ago, I woke up and was very sleepy! So, I opened the fridge and got a cold glass of chocolate milk. Then about 5 minutes later I wasn't sleepy. So, the calories in chocolate milk aren't that bad.

Chocolate milk makes kid very happy. For kids, because chocolate milk tastes very good, us , kids, like stuff that tastes sweet! The sweet tasting drinks make us very happy. For example, last year one of my friends were very sad! So, I said, " Here is some chocolate milk, to make you happy!" So, they drank some chocolate milk and then they were happy! That means that chocolate milk can make people happy!

Again, I am so happy you let us express our opinions on if you should stop serving chocolate milk! Just consider that chocolate milk may have alot of sugar and calories, but it makes kids like me, happy. I know after reading this, you will think that stop serving chocolate milk is terrible!

Schools should ban chocolate milk because it has almost as much sugar as soda, students need more healthy options besides chocolate milk, and if your kid drinks chocolate milk they gain about 3lbs.

To start, a reason to support my opinion is that chocolate milk has almost as much sugar as soda. A reason to support this is chocolate milk and soda are like best friends. How is this well they both have at least 8-oz of sugar that's a lot! Another reason to support this idea is that sugar has a lot of sweet ingredients inside of it. How to explain this is that sugar can make you have a sugar rush which is bad for you. One more reason to support this idea is that chocolate milk is basically soda in disguise. How you may ask well they both have a lot of sugar. To summarize, chocolate milk has almost as much sugar as soda.

Secondly, another reason chocolate milk should be banned is students need more healthier options for lunch and breakfast. A reason to support this idea is we need the 4 food sections. Let me explain so there're 4 food sections dairy, protein, and etc. So these 5 need to be followed with chocolate flavored milk that will not happen. Another reason to support this is that the 5 food trays are very important. The food trays are important because they help you stay healthy. Overall, we need more healthier options for lunch and breakfast.

Finally, one more reason that chocolate milk should be banned from schools is that most of the time when your kid drinks chocolate milk they gain 3 lbs. A reason to support this is that students will keep gaining more pounds as they continue to drink chocolate milk. Another reason to support this is that that's bad for your health if you gain 3 lbs everyday you could have serious problems such as overweight and more. All in all, if your kid drinks 3 lbs worth of chocolate milk everyday they could have some issues with health.

To conclude, schools should ban chocolate milk because it has almost as much sugar as soda, students need more healthy options, and if your kid drinks chocolate milk they gain about 3 lbs. The other side may think, that we should not ban chocolate milk because the percentage of kids drinking it will go down. But, chocolate milk has almost as much sugar as soda.

In my opinion schools should not serve chocolate milk on a daily basis. That is my opinion on chocolate milk because in the story it says that if you drink 8-oz of chocolate milk each day for a full school year you will gain about three pounds each year from just chocolate milk it may not sound like a lot but it adds up from K-12. I did the math and that means you would gain about 39 pounds from K-12 just from chocolate milk itself. My second reason why I think schools should not serve chocolate milk in cafeterias is because one 8-oz serving of chocolate milk is just as much as a 12-oz can of coke and we are just in elementary school! My second to last reason why I do not think schools should serve chocolate milk is because chocolate milk may contain twice as much calories as white milk containing high-fructose corn syrup, making it unhealthy and unwelcome in some cafeterias. My 4th and final reason why I don't think schools should serve chocolate milk is because students are drinking twice as much chocolate milk as an adult which is not good for kids with bodies smaller than adults. That is why I think schools in the United States should not serve chocolate milk.

Chocolate milk **should** be served in school. Although it is unhealthy it is one of the few things children **enjoy** at school. I think chocolate milk should be aloud in school because it brings children **joy** and flavoring milk is one of the only ways to get children to drink it.

School is not usualy the best place to be when your a child. Thats why children need a little sompthing to boost there energy and make school a little more **enjoyable** for them. That little boost of **joy** and energy could be a lot of things but chocolate milk is defintly it. One reason I think children should have chocolate milk in there not so enjoyable school day is because it brings them joy and happyness. I know this because in the text, *War Against Chocolate Milk* it says, "What could posably be wrong with sompthing that brings people such joy?" This shows That chocolate milk is good for children during a long school day. Therefore one reason chocolete milk should be allowed in school is because children need a little light to britten up there day.

Kids are picky eaters and do you know what that means? It means there picky drinkers too! Children love sweet drinks such as juce, soda and milk. But not just eny old milk, chocolate milk. When they see only regular milk the chances are high that they will just through the milk away and not drink it. I know this because in the text *A School Fight Over Chocolate Milk* it says, "Flavoring milk,...its the only way to get students to drink it." This proves that children mostlikley will not drink milk unless it is flavored.

This shows why chocolate milk should be served in the caffeteria at school. Because it brings children joy and if milk is not flovored than children will mostlikley not drink it.

What if you went back to school monday and there was no flavored milk at lunch, would you like that? There has been some considering of not having flavored milk at schools any more. In my opinion we should keep flavored milk at schools because all kids love this drink and, it also provides nutrients and protein the kids need.

First of all, all students love this sugary, brown drink at lunch. A lot of kids drink flavored milk at school. The graph in the text says that 1.2 of kids drank flavored milk in 2007 - 2008 , and 1.7 of kids drank this in 1977-1978. flavored milk in decreasing because schools are banding it. Some kids don't like white milk so that is why schools have flavored milk so they can satisfy all kids taste. That is why all schools should keep flavored milk because all kids love it.

In addition, you should also keep flavored milk because it gives students the protein and nutrients kids need for school. For example, in the text it says " It meets kids' taste preferences, and it provides the nutrition that they don't get elsewhere." This shows that flavored milk gives students the nutrients that they need. The schools need to keep this drink because student need the protein and nutrients in it. Flavored milk can give students the protein and nutrients they need to get through the rest of the day.

To wrap it up, all schools need to keep flavored milk because all students love this sweet drink and this sweet drink also provides the students with the energy and protein they need. Do you think schools should keep flavored milk? If you do follow the light at the end of the tunnel to try and keep flavored milk at your school.

Should schools stop serving chocolate milk? I think that schools shouldn't stop serving chocolate milk. I think this because it only has 60 more calories, which isn't that bad, but nutrition experts think differently. They say that over the course of k-12 it will gain 39 lbs total or 3 lbs a year (if drunk daily). Some districts, like Colorado's Boulder Valley School District have had as much as 30,000 students in 50 schools that are no longer stocking chocolate milk.

One reason that I think schools' cafeterias shouldn't stop serving chocolate milk is that chocolate milk is still nutritious. Although it's still not as nutritious as white milk, it is still true that chocolate is also good **AND** good for you. In paragraph 4 of U.S. Schools' War Against Chocolate Milk, the text states "Flavored milk really fits two needs", "It meets kids' taste preferences, and it provides the nutrition that they don't get elsewhere." This is why I think they are nutritious.

Another reason I think it's okay is that cafeterias would be okay to serve it every now and then. On paragraph 6 of U.S. Schools' Wars Against Chocolate Milk, the text states "I'm all for parents having chocolate milk with their kids at home once in a while, or Sunday breakfast with waffles, but it doesn't have any place in schools **ON A DAILY BASIS**." This means it's okay every now and then. It also states for schools to lower sugary snack amounts. This is why it's okay to serve it sometimes.

The last reason is that it doesn't give much fat unless drunk daily, and that it's only 60 more calories than white milk. It is still a problem drinking too much of it and will make you obese. (overweight) Paragraphs 6-7 of U.S. Schools' War Against Chocolate Milk, the text states that if you choose chocolate over white milk daily, you'll gain a lot of weight. It also states it only has 60 more calories than normal milk. This is why I think chocolate milk is okay in schools.

Nutrition experts are saying that chocolate milk is unhealthy to serve in schools. They say it can make you obese over time. I disagree with this, and have 3 reasons why I think this. Those reasons are that it's still nutritious, it is not bad to serve at times, it doesn't give much fat unless drunk daily, and that it is only 60 more calories than regular milk. Those are my reasons that I think it is okay to serve chocolate milk in schools.

Do you like chocolate milk or white milk better? Did you know that schools in America have stopped serving chocolate milk? Well i'm here to tell you why schools have made a great decision. First chocolate milk is much more unhealthy. Second, chocolate milk is addicting. Finally, it won't do anyone any bad.

First, chocolate milk is pretty unhealthy. To begin with chocolate milk has more sugar and calories than normal milk. According to nutrition experts " One 8-oz. serving of reduced-fat chocolate milk has nearly as many calories and as much sugar as 12-oz. can of coke". This means that if a student drinks one carton of chocolate milk a day then they are basically drinking one can of coke a day. That doesn't sound to healthy. Second, chocolate milk contains sweeteners and chemicals. Some of these are cane sugar on top of the natural sugars milk already has from lactose and chocolate milk also has high fructose corn syrup. These are just two reasons why chocolate milk is more unhealthy than regular already delicious white milk.

Also, chocolate milk is addicting. Once you drink chocolate milk regular white milk tastes bland. Due to the added sweeteners in chocolate milk, other drinks that aren't sweet like chocolate milk tastes bland and after awhile you are going to feel worse because (as i stated in the last paragraph) chocolate milk is unhealthy. There is also people who say chocolate milk is the only way to get kids to drink milk. Marlene Schwartz says "There's almost this threat, like 'if you don't drink chocolate milk then your children will not get the nutrition they need" This shows that parents think their children need to drink chocolate milk. Those are just some of the many reasons children are starting to get addicted to chocolate milk.

Last but not least, schools that stop supplying chocolate milk aren't doing anyone any bad. First of all, students are getting healthier drinks. Chocolate milk contains more sugar and calories than regular milk. "If a child chooses to drink chocolate milk instead of of regular milk every single day for a year, she says, they'll gain about 3 lbs. because of the extra sugar and calories". This evidence shows that on top of the amount of weight you would gain because of drinking milk instead of something like water you also gain 3 more pounds because of the extra sugars and calories. Also since schools aren't buying chocolate milk they are saving money. If schools had more money from not supplying chocolate milk then they could do more fun things for their students and they could buy more school supplies. This is why schools not supplying chocolate milk are only doing good.

This is a short summary of why schools should stop supplying flavored milk. First, flavored milk is much more unhealthy than regular milk. Second flavored milk is addicting. Last but not least schools that stop supplying chocolate milk aren't doing any bad. Now you know why i think schools should stop supplying flavored milk, what do you think?

I believe that schools should not stop serving chocolate milk. It has many different positive reactions. Here are three benefits that come from this school favorite.

One reason chocolate milk should stay is the kindness it can provide to students. When you have a bad day you sometimes need something to cheer you up, and chocolate milk is just that it tastes so good it makes your day just a tiny bit better. For example the text says, "What could possibly be wrong with something that brings children such joy?" This drink brings joy that children love how could we take that away? In other words this drink provides the joy children need to get through a tough school day.

The second reason this classic school pick should be here to stay is that kids may not get the calcium otherwise. Without the delicious flavor of chocolate milk kids would not have a reason to get milk at all which could mean **less** healthy kids, not wise-versa. For example the text says, "Flavoring milk, some school officials and milk processors say, is the only way to get students to drink it." This milk provides many health benefits and if flavoring it is what it takes to get students to drink it I say that we keep flavoring it. In other words if chocolate milk goes away all the nutrients in it go away.

The final reason I have to tell you is that even though chocolate milk is unhealthy there are plenty of ways to help the obesity problem without taking away the drink the students love. We can extend recess or PE, we could play fun dance along videos when it rains and we have indoor recess, we could give extra gym time as a reward to students who have good behavior. For example the text says, "...it only has 60 more more calories than white milk does." I am positive that kids can burn that many calories if we spent a few more minutes outside. In other words there are more ways to handle this problem than taking away the drink students love.

In conclusion I believe that these reasons show a surplus amount of evidence to prove the point I am trying to expose. I really hope you decide to keep chocolate milk. This favorite is a school classic and something would always feel off without it being there. Thank you for giving me your time.